
pints
Save $\$ 2.98$ on 2


Just Bare
Boneless Skinless Chicken Breasts 16 oz.
Save \$3

## MORE

 HUGE DEALS! DEALS
\$4.99
Cottonelle
Bath Tissue
12 double rolls, 6 mega rolls Viva Paper Towels 6 count
Save up to \$5

\$2.99
Minute Maid
Pure Squeezed
Orange Juice
$520 z$.
Save \$1

buy one
get one free
Cedar Crest
Ice Cream
1 quart
Save $\$ 6.49$ on 2

\$11.99/b.
Premium Choice
Empire Strip Steaks
Save $\$ 5 / \mathrm{lb}$.

\$9.99/lb.
Sixty South Antarctic
Salmon Fillets
Save $\$ 5 / \mathrm{lb}$.

\$5.99/lb.
L\&B Thai
Peanut Pasta Salad
Save $\$ 3 / \mathrm{l}$.

Thousands of $\left(\frac{\text { HUGE }}{\text { DEALS }}\right.$ \& (DEALS in stores and at LUNDSandBYERLYS.com!

## BAKERY



## GROCERY


\$6.99
Dunkin' Donuts
Coffee and Folgers K-Cups 12 oz., 12 count

\$2.99
Kellogg's Cereals 15.3-24 oz. selected varieties

buy one get one free Master English Muffin Toasting Bread 16 oz.

buy one get one free Bonne Maman Preserves 12.7-13 oz.
\$2.99
Skippy
Peanut Butter
15-16.3 oz.


2/\$5
Ocean Spray
Cocktail Juices
64 oz.


buy one get one free Doritos
9.25-11.2 oz

## GROCERY



## DAIRY \& FROZEN

3/\$12
Pepsi Products 12 packs, 12-oz. 8 packs, 7.5-oz. mini can 10 packs bubly Sparkling Water 12 packs

5/\$5
Pepsi Products
2 liters
Kickstart, Pepsi 1893 and Mountain Dew 12-16 oz.
selected varieties

\$4.99
Izze Sodas
4 pack

buy one get one free Fisher Dry and Oven Roasted Peanuts 12-14 oz.

buy one
get one free
Snapple
Beverages
6 pack

\$3.99
Vita Coco
Coconut Water liter

\$1.99
Land O Lakes
Spreadable Butter
6.5-8 oz.


3/\$5
Pictsweet Vegetables 10-14 oz.


SIXTY SOUTH ANTARCTIC SALMON FILLETS (fresh, never frozen) \$999/LB

SAVE \$5/LB


Lunds \& Byerlys is proud to introduce Sixty South, the first and only salmon raised in the pristine, icy-cold waters of the Antarctic - over 900 miles away from any major city.

Sixty South's farmers brave extreme, isolated conditions to help cultivate a salmon of superior flavor, while following the strict sustainability practices recognized by the Monterey Bay Aquarium's Seafood Watch*.

## Born \& Raaised on Nature's Terms

NEVER TREATED WITH ANTIBIOTICS.
NO ADDED HORMONES OR GROWTH PROMOTERS.
NO ANTIFOULING CHEMICALS.
ENVIRONMENTALLY CONSCIOUS.
SUSTAINABLY RAISED.

## MORE MEAT \& SEAFOOD FEATURES!

\$6.99


Butchers Kitchen Orange Peppercorn Salmon Kabobs 5 oz.
Save \$1
\$5.99


Oscar Mayer Raw Bacon
12-16 oz.
Save $\$ 3.50$
\$3.99
Schweigert
Smoked Brats and Rope Sausages 14 oz.
Save up to \$2
$\$ 8.99$


Butchers Kitchen Seafood
Steamer Shrimp with Cilantro Rice 12 oz.
Save \$1


12 oz .
Save \$1
\$8.99
Organic Prairie

$85 \%$ and $90 \%$ Lean Ground Beef 16 oz.
Save \$1

2/\$3


Butchers Kitchen
Thick Hickory Bacon on a Stick 2 oz.
Save 98 ch on 2
\$7.99


Applegate Organic Hot Dogs
14 oz .
Save $\$ 1.70$
\$2.69


Lunchables Uploaded and Fun Packs 7.4-15 oz.

Save up to $\$ 1.50$

Enjoy a selection of summer cheeses with bold flavors and big savings!

## Prima Donna

Full-flavored, nutty and sweet cow's milk Gouda. \$14.99/lb.
Save $\$ 5 / \mathrm{lb}$.

## Midnight Moon

Aged goat's milk cheese with a long caramel finish.
\$19.99/lb.
Save $\$ 10 / \mathrm{lb}$.
Collier's Welsh Cheddar
Single creamery aged cow's milk cheddar that's savory and sweet.
\$11.99/lb.
Save \$4/lb.

## Creama Kasa

Rich and flavorful triple-cream cow's milk cheese, perfect for melting. \$12.49/lb.
Save \$4.50/lb.

## Black Pepper BellaVitano

Rich, nutty and creamy cow's milk cheese with a dash of zesty cracked black peppercorns.

## \$14.99/lb.

Save \$5/lb.

# 20\% OFF ALL Veriditas by Pranarôm Essential Oils <br> Through June 

Pure essential oils are concentrated, aromatic extracts derived primarily from plants that provide an olfactory (sense of smell) experience that may trigger a healing response. Using essential oils for healing purposes is called aromatherapy, which is a holistic therapy seeking to improve physical, mental and emotional well-being.
Here are four popular essential oils you might enjoy! If you have questions, our FoodE Experts and pharmacists are happy to help.

## LAVENDER

Calming and relaxing - may be helpful for insomnia, anxiety and stress.

## PEPPERMINT

Cooling and uplifting - may provide relief from nausea and topical pain.

## LEMON

Uplifting and refreshing - helps to provide mood-enhancing benefits.

## TEA TREE

Shown to suppress acne and other
 bacterial and fungal skincare concerns.

This information has not been evaluated by the Food and Drug Administration and is not intended to diagnose, treat, cure or prevent disease. Always dilute essential oils before use.


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